

### **Privacy Policy**

Last Updated: 03/12/2025

Welcome to **PMHNPWebsites.com**. Your privacy is important to us, and we are committed to protecting your personal information. This Privacy Policy explains how we collect, use, disclose, and safeguard your information when you visit our website.

#### 1. Information We Collect

We may collect the following types of information:

- Personal Information: Name, email address, phone number, and other details provided when contacting us or using our services.
- Usage Data: Information about how you interact with our website, such as IP address, browser type, pages visited, and time spent on the site.
- Cookies and Tracking Technologies: We use cookies and similar technologies to enhance user experience and analyze website traffic.

### 2. How We Use Your Information

We use the collected data for the following purposes:

- To provide, operate, and maintain our website and services.
- To respond to inquiries, support requests, or service-related communications.
- To improve website functionality and user experience.
- To comply with legal obligations and prevent fraudulent activities.

### 3. How We Share Your Information

We do not sell or rent your personal information. However, we may share your data in the following

- With Service Providers: Third-party vendors assisting with website hosting, analytics, or payment processing.
- Legal Compliance: If required by law, we may disclose information to authorities.
- Business Transfers: In the event of a business merger, sale, or restructuring, your data may be transferred.

# 4. Cookies and Tracking Technologies

We use cookies to enhance your browsing experience. You can choose to disable cookies through your browser settings, but this may impact website functionality.

# 5. Data Security

We implement security measures to protect your personal data, but no online transmission is 100% secure. Use our services at your own risk.

# 6. Your Rights and Choices

You have the right to:

- Access, update, or delete your personal information.
- Opt out of receiving marketing communications.
- Request data portability or restriction of data processing.

### 7. Third-Party Links

Our website may contain links to third-party websites. We are not responsible for their privacy practices and recommend reviewing their policies before sharing any data.

## 8. Children's Privacy

Our services are not intended for children under 13, and we do not knowingly collect their data. If we discover such information, we will take steps to delete it.

## 9. Changes to This Privacy Policy

We may update this Privacy Policy periodically. Any changes will be posted on this page with an updated revision date.

## 10. Contact Us

If you have any questions regarding this Privacy Policy, please contact us at:

- Email: support@pmhnpwebsites.com- Website: <a href="https://pmhnpwebsites.com">https://pmhnpwebsites.com</a>

By using our website, you acknowledge and agree to this Privacy Policy.